

TABITHA  
*is the*  
Newest CHOICE  
*for*  
OLDER ADULT  
REHABILITATION

PHYSICAL  
*Therapy*

OCCUPATIONAL  
*Therapy*

SPEECH  
*Therapy*

SKILLED INPATIENT

*New* OUTPATIENT PROGRAMS

*New* FACILITY

Inpatient and outpatient rehabilitation  
for older adults,  
**call 486-8520.**

Tabitha Case Management Provides Expertise With:

- Post-hospitalization Discharge Needs
- Assistance with Reimbursement Options For Your Patients
- Assisting Your Patient Through the Complex Maze of Medicare Regulations and Private Insurance

TRADITION.  
EXCELLENCE.  
INNOVATION.



**486-8520**

(800) 418-9335

[tabitha.org](http://tabitha.org)



Photo: Ken Peterson

## SKILLED INPATIENT REHABILITATION

Tabitha offers specialized programs for older adults following an acute illness or an injury. Our goal is to assist patients return to their previous level of functioning and return home. **Our multidisciplinary team approach includes experts who can best meet your patient's needs:**

- **Physicians**
- **Registered Nurses**
- **Physical, Occupational and Speech Therapists**
- **Social Workers**
- **Registered Dietitians**

Tabitha LifeQuest Center introduces functioning home activity areas such as a kitchen and bathroom to safely perform everyday tasks when patients return home. When needed, therapists will accompany patients to their home and/or community environment to assess their ability to perform daily tasks safely.

## Help your patients return home following their recovery!

**Out of 400+ admissions, only 5 percent of patients admitted to Tabitha Rehabilitation continued to require care in a skilled nursing facility.**

*-Tabitha Rehabilitation Patient Outcome Data July - December 2004*

**New FACILITY PROGRAMS CHOICE**

*Inpatient Rehabilitation services include the outpatient programs listed below.*

### AQUATIC THERAPY

Tabitha brings Ferno Pool technology to Lincoln to assist your patients in an aquatic therapeutic environment.

- **Underwater Treadmill and Exercise Bike**
- **Chair Height Single-pivot Entry**
- **500-pound capacity Hydraulic Lift**
- **Therapist Observation Window**

The pool offers many health benefits, including:

- Increased tone in flaccid extremities
- Decreased tone in spastic extremities
- Improved balance and coordination
- Improved gait pattern, strength and endurance
- Improved cardiorespiratory/cardiovascular/pulmonary endurance
- Decreased pain through warm water and decreased weight bearing
- Increased joint flexibility/mobility
- Improved circulatory function

### OUTPATIENT PROGRAMS

Tabitha's physical, occupational and speech therapists and your patient work with:

- **Ferno Aquatic Therapy Pool** with Lincoln's first underwater bike and treadmill
- **Biodex Stability System** assesses and trains the patient's balance on a force plate with computerized readout and printing capability
- **Biodex Unweighing System** promotes earlier return of gait and balance for stroke patients
- **AccuTread** monitors the exact weight bearing for patients with weightbearing limitations
- **Triton Traction System** allows for varying angles and intermittent/static traction
- **VectraGenisys Electrical Stimulation/ Ultrasound Combination Unit** monitors surface EMG activity, biofeedback for electrical stimulation, ultrasound, electrical stimulation waveforms and settings

*Lincoln's Newest AQUATIC THERAPY is here!*