

Thank you for choosing Tabitha Meals on Wheels!



MEAL DELIVERY INFO:

- Delivered by volunteers between 10:15 a.m.-1 p.m.
- Time of meal arrival depends on your location on the delivery route
- On rare occasions, last-minute delivery arrangements or inclement weather may delay delivery, but rest assured you will receive your meal.
- For menu information, check the Lincoln Journal Star's Saturday edition, call the Tabitha Meals on Wheels menu line at 402.484.9669 or go to Tabitha.org



TABITHA

HEALTH REGULATIONS

- Tabitha is required to deliver all meals directly to an individual. Meals cannot be left outside.
- If the recipient will not be home at the time of delivery, advance arrangements can be made to leave the meal with a neighbor.
- For food safety purposes, refrigerate uneaten or leftover meals as soon as possible.

CANCELLATIONS

- If you do not need meals on certain day(s), you may cancel a delivery by calling 402.486.8589 by noon the day before.
- Substitutions or preferences are not offered due to high volume of meals prepared each day.

EMERGENCY CONTACTS

- All Tabitha Meals on Wheels recipients must provide a name and phone number for an emergency contact person. If you do not answer the door at the time of delivery, we will call your emergency contact to ensure your safety.
- If we cannot reach you or your contacts, we will call the local police or fire department.
- Any related costs of performing this service to confirm your safety will be incurred by the client.

STATEMENT

- Tabitha will send a statement at the beginning of each month for meals received the previous month.
- Please call Tabitha's Accounting Department at 402.484.9711 for questions about statements.
- Clients whose meals are paid for by the Department of Health and Human Services (DHHS) will not receive a statement from Tabitha.

QUESTIONS OR CONCERNS

Please feel free to call Tabitha Meals on Wheels at 402.486.8589. We look forward to serving you!

TABITHA'S CARE SERVICES INCLUDE:
Results-driven rehabilitation, accessible at-home health care, innovative living communities and compassionate hospice care.

**Tabitha is your *Answer* for
Older Adult Care in Nebraska.**

HOME HEALTH

Nursing and Therapy
Tabitha Meals on Wheels
Tabitha Care+Plus

REHABILITATION

Inpatient and Outpatient:
Physical Therapy
Occupational Therapy
Speech Therapy

LIVING COMMUNITIES

Short-Stay Rehabilitation
Assisted Living
Memory Care
Long-Term Care | Skilled Nursing
InterGenerational Living

END-OF-LIFE CARE

In-Home Hospice Care
Hospice Living Community

**For answers to your aging questions,
contact a Tabitha Care Expert
at 402.486.8520 or visit Tabitha.org.**

