Volunteering







WHO?

TABITHA VOLUNTEERS ARE:

Students | Families | Retirees | Groups | Individuals

WHAT?

MANY AREAS OF TABITHA DEPEND ON VOLUNTEERS

Beauty Shop | Companion | Clerical | Life Enrichment | Activities | Tabitha Hospice | Tabitha Meals on Wheels | Printing Services | Dining Support | Share Your Talents (paint nails, music, etc.)

WHEN?

TABITHA IS FLEXIBLE WITH COMMITTMENT

Long-term | Short-term | One-time | Events Opportunities available every day of the week, hours vary

WHY?

VOLUNTEERS AT TABITHA:

- · Help reduce loneliness in Tabitha's Residents and Clients
- · Help spread the word of Tabitha's Purpose and services
- · Ease workload for Tabitha TEAMembers
- · Bring new ideas and energy to the Tabitha *Culture*
- Gives Volunteers a sense of purpose and strengthens social connections

HOW?

VOLUNTEER ONBOARDING PROCESS INCLUDES:

- · Applying online at Tabitha.org/Volunteer
- Brief meeting to complete a background check and discuss preferences, skills, interests and availability
- Volunteer orientation

^{*} MUST BE 14 YEARS OLD TO VOLUNTEER INDEPENDENTLY; UNDER 14 MUST HAVE ADULT PRESENT

TABITHA **EMPOWERS** PEOPLE OYFU GRATEFULLY

TABITHA'S SERVICES INCLUDE: ←

Results-driven rehabilitation, accessible at-home health care, innovative living communities, resourceful serious illness support and compassionate hospice care.