



# Exceptional Senior Care *in the heart of Lincoln*

PROVIDING LONG-TERM CARE, SHORT-STAY REHABILITATION,  
HOSPICE AND RESPITE CARE ON TABITHA'S MAIN LINCOLN CAMPUS

## TRADITIONAL *long-term care*



Named among the best nursing homes in Nebraska by U.S. News and World Report, Tabitha Nursing & Rehabilitation Center (TNRC) is the cornerstone of Tabitha's living communities. TNRC has been providing unmatched care to Lincoln's Seniors since 1946.

- ✓ 24-hour skilled nursing care
- ✓ Assistance with activities of daily living
- ✓ Medication management & personal care
- ✓ On-site physical, occupational and speech therapy
- ✓ Comprehensive life enrichment program

## RESIDENTIAL *long-term care*



Tabitha Residences feature residential-style suites with spacious floor plans and comfortable shared living spaces. With the renowned expert care of Tabitha's nursing team, Residents enjoy:

- ✓ Airy dining room for family-style dining
- ✓ Beautiful grounds and patios
- ✓ Dynamic life enrichment program
- ✓ Social, recreational and wellness activities

[TABITHA.ORG/LINCOLN](http://TABITHA.ORG/LINCOLN)

## SHORT-STAY *rehabilitation*



TNRC's short-stay skilled nursing and rehabilitation is the answer when you need experts to manage, observe and evaluate recovery, providing exceptional quality care to support you every step of the way.

- ✓ Targeted therapy to get you safely back at home, wherever home may be
- ✓ Multiple therapy sessions offered every day of the week

## COMPASSIONATE *hospice care*



Journey House provides loving skilled nursing care for individuals on their end-of-life journey. To help bring you comfort, the Journey House hospice community includes:

- ✓ Spacious, private suites for families to enjoy moments together
- ✓ Shared living spaces centered around the home's living room hearth
- ✓ Round-the-clock care in a home-like setting
- ✓ Outside spaces designed for peace and comfort

## LOVING *respite care*

Whether you're traveling, recovering from a surgery or hospital stay, or simply need some time for yourself, Tabitha can provide respite care for your loved one. Respite care is available at both TNRC and Tabitha Residences on the main Lincoln campus.

*schedule  
a tour*



### CONTACT ME TODAY!

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