

# Home Health Advanced *Specialties & Certifications*



- ✓ **CERTIFIED WOUND OSTOMY AND CONTINENCE NURSES** who use evidence-based knowledge and skills to manage the care of these patients, whose needs can often be complex
- ✓ **CERTIFIED LYMPEDEMA THERAPISTS** who treat swelling and fluid buildup in the lymphatic system, using techniques like manual lymphatic drainage, compression therapy and exercise to improve lymphatic function and reduce swelling.
- ✓ **ADVANCED SPECIALTY IN VESTIBULAR-BALANCE—INCLUDING BENIGN PAROXYSMAL POSITIONAL VERTIGO (BPPV)—THERAPISTS** who use positional maneuvers to reposition dislodged calcium carbonate crystals within the inner ear, which can cause vertigo
- ✓ **ADVANCED TRAINING IN MYOFASCIAL RELEASE TECHNIQUES THERAPISTS** who focus on enhancing manual therapy skills to address fascial restrictions, chronic pain, and mobility limitations through specialized stretching and manual manipulation of the connective tissue.
- ✓ **ADVANCED TRAINING IN KINESIOTAPING TECHNIQUES THERAPISTS** who address various musculoskeletal issues, pain management, and enhance athletic performance by supporting muscles and joints without restricting movement.

## *Award-Winning* Home Health Care

Tabitha Home Health Care has been providing award-winning rehabilitation therapies, medication management and skilled nursing medical care in Nebraska since 1966.



SINCE 2020



SINCE 2008



SINCE 2018



SINCE 2019



SINCE 2022

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For an evaluation, call Tabitha:

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