

Volunteering 101

ALL ABOUT VOLUNTEERING AT TABITHA



Who?



TABITHA VOLUNTEERS ARE:

Students | Families | Retirees | Groups | Individuals

What?



MANY AREAS OF TABITHA DEPEND ON VOLUNTEERS

Beauty Shop | Companion | Clerical | Life Enrichment Activities
Tabitha Hospice | Tabitha Meals on Wheels | Dining Support
Share Your Talents

When?



TABITHA IS FLEXIBLE WITH COMMITMENT

Long-term | Short-term | One-time | Events
Opportunities available every day of the week; hours vary

Why?



VOLUNTEERS AT TABITHA:

- ✓ Help reduce loneliness in Tabitha's Residents and Clients
- ✓ Spread the word of Tabitha's Purpose and services
- ✓ Ease workload for Tabitha TEAMembers
- ✓ Bring new ideas and energy to the Tabitha **Culture**
- ✓ Provide a sense of purpose and strengthen social connections

How?



VOLUNTEER ONBOARDING PROCESS INCLUDES:

- ✓ Apply online at Tabitha.org/Volunteer
- ✓ Brief meeting to complete a background check and discuss preferences, skills, interests and availability
- ✓ Volunteer orientation

* MUST BE 14 YEARS OLD TO VOLUNTEER INDEPENDENTLY; UNDER 14 MUST HAVE ADULT PRESENT

Want to learn even more? Contact 402.486.8520 or Volunteers@Tabitha.org today!