

September 2025

IL & AL



TABITHA.ORG/PRAIRIECOMMONS

	TABITIA: ORG/TRAIRIECOTTI					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MR: Makers Room PUB: Pub FR: Fitness Room CH: Chapel BT: Bistro OT: Outing DR: Dining Room TC: Town Center AL: Assisted Living SHOP: Maint. Shop in Garage OOYO: Outing on Your Own	LABOR DAY	9:15 Chair Exercise FR 2 SEPTEMBER STRONG STARTS - Plan to exercise with us today! 10:00 Catholic Mass CH 1:30 Tabitha Singers practice with Linda W. CH 3:30 Poker TC 7:00 Book Club w/ Julie MR	9:30 Walking Club TC 3 10:00 Harvest of Harmony float meeting PUB 11:00 Bell Choir FR 1:30 Cardio Drumming Exercise with Christine TC 3:00 Root Beer Floats PUB 4:45 Line Dance Lesson TC	9:30 Chair Exercise FR 4 10:15 OUTING: Walk at Stolley Park, then Lunch at Runza *Please sign up* OT 1:30 Tabitha Singers practice with Linda W. CH 3:30 Bingo! CH 4:30 Manicures from the Glamour Gals from GISH PUB	9:30 Chair Zumba FR 5 11:00 Travel to Sweden CH 2:30 Ribbon Cutting to Honor Tabitha's new residents TC 3:00 Sips & Snacks and Musical Guest: Sandy's Musical Escapes TC 7:00 Cards & Games PUB	6 1:30 10-Point Pitch <u>BT</u> 4:00 Tabitha Worship Service with Larry Epp <u>CH</u>
HOMECOMING Week for 7 National Assisted Living Week! HAPPY CHAPPY C	9:30 Chair Exercise FR 8 10:00 Bible Study CH 1:45 Bridge Card Game PUB 2:30-4:30 Homecoming Music Bingo - invite your friends & family! DR Wear RED Today	9:30 Chair Exercise FR 9 10:45 Kings in the Corner Card Game BT 2:00 Homecoming Music Program with the Tabitha Singers and Drummers TC 3:30 OUTING: Pie & Coffee at Perkins *Please sign up* OT Wear SCHOOL COLORS Today	9:30 Walking Club TC 10 9:30 Five Points Bank LIBRARY 11:00 Bell Choir FR 1:30 Cardio Drumming Glow Party with Christine TC 3:00 S'Mores Pep Rally & Scavenger Hunt PUB Wear TABITHA BLUE Today	9:30 Chair Exercise FR 11 10:15 Ladies Tea & Treats BT 1:15 Lutheran Church Video CH 3:30 Bingo! CH 5:30-7:30 Limo Rides! TC 6:30-8 Homecoming Dance with Dolores Kimminau TC 9/11 Remembrance Day Dress Up Tonight for the Dance!	9:30 Chair Zumba FR 10:15 OUTING: Shopping at Walmart *Please sign up* OT 10:30 Dominoes CH 3:00 Homecoming Tailgate Party w/ games & snacks PUB 7:00 Cards & Games PUB Wear HUSKER Gear Today	2:00 Canasta with Julie BT 4:00 Tabitha Worship Service with Larry Epp CH
1:30 Kings in the Corner Card Game BT	9:30 Chair Exercise FR 15 10:00 Bible Study LIBRARY 1:45 Bridge Card Game PUB 2:00 Crafting with Becca MR 4:45 OUTING: Supper at Valentino's *Please sign up* OT	9:30 Exercise On Your Own FR 6 9:30 OUTING: Centura Hills Golf Carts *Please sign up* OT 12:00 Caregiver Support Group Lunch - RSVP to Krista PUB 1:30 Poker TC 3:00 OUTING: Prairie District driving tour and ice cream at Big Red Treats *Please sign up* OT	9:30 Walking Club TC 17 11:00 Bell Choir FR 1:30 Cardio Drumming Exercise with Christine TC 3:00 September Birthday Bash with Cake & Ice Cream PUB	7:30 Mens Coffee w/ Rodney 9:30 Chair Exercise FR 10:45 Bingo! CH 1:30 Jeopardy Trivia CH 6:30 TABITHA'S GOT TALENT - Talent Show! Please invite your friends and family! TC	9:30 Chair Zumba FR 19 10:00 OUTING: GI History Tour with Railside Rides and lunch at Coney Island *Please sign up* OT 1:30 Making Fancy Rice Krispie Treats AL 3:00 Sips & Snacks PUB 7:00 Cards & Games BT	10:30 Musical Guest: Tim Javorsky TC 4:00 Tabitha Worship Service with Larry Epp CH 6:00 Potluck Social PUB
SEPTEMBER STRONG21 Don't forget to join us for exercise classes and walking club all month for your chance to win prizes!	9:30 Chair Exercise FR 22 10:00 Bible Study CH 1:30 OUTING: Shopping at Walmart *Please sign up* OT 1:45 Bridge Card Game PUB 3:30 Trivia Bingo with Christine PUB First Day of Autumn	9:30 Chair Exercise FR 10:00 Catholic Mass PUB 11:00 Farkle dice game BT 1:30 BONUS BINGO! PUB 3:00 OUTING: GI Casino and early Arby's Supper *Please sign up* OT	9:00 OUTING: Walking at Hall 24 Co. Park *Please sign up* OT 11:00 Bell Choir FR 1:30 Cardio Drumming Exercise with Christine CH 2:30-4 10-Point Pitch Party with the Community DR 4:00 Ice Cream Bars PUB	9:30 Chair Exercise FR 25 11:00 Resident Council CH 1:15 Lutheran Church Video CH 1:15-4:30 Toenail Care w/Kena *Please Sign Up* 2:00 Guest: Drumming with Keeran SKILLED CARE 3:30 Bingo! CH	9:30 Exercise on Your Own FR 10:30 Dominoes CH 2:30 Musical Guest: Back in the Day with Chris K. TC 3:00 Sips & Snacks PUB 7:00 Cards & Games BT	1:30 Yahtzee with Ginger BT 4:00 Tabitha Worship Service with Larry Epp CH
28 3:00 Learn the Penny Drop game with Lorna & Larry E. BT	9:30 Chair Exercise FR 29 10:00 Bible Study CH 1:30 Movie Matinee: Top Gun (1986) CH 1:45 Bridge Card Game PUB 3:30 Pinochle Card Game BT	9:30 Exercise On Your Own Fig. 10:45 UNO Card Game BT 1:30 Movie Matinee: Top Gun, Maverick (2022) CH 3:30 Poker TC	HAPPY BIRTHDAY! Helen M Sept. 6 Norma H Sept. 6 Annette D Sept. 10 Virginia W Sept. 17 Joyce F Sept. 25 Dale L Sept. 27	HAPPY ANNIVERSARY! Jerry & Jody K Sept. 11 ** CeleBrate	Advertising Month Back to School Month Be Kind to Editors Month Jobs & Professions Month Library Card Month Newspaper Month Service Dog Month	Self-Improvement Month Wilderness Month Bake & Decorate Month Classical Music Month Piano Month Football Month Sewing Month Sweater Month Fashion Show Month Apple Month Honey Month