

# February 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>1</b> 4:00 Sage Card Club (CAF) 6:30 Shuffleboard Club	<b>2</b> 7:30 Walking with Leslie (YAS) 8:30 Chair Exercise TV (YAS) 10:00 Monday Workout with April 2:00 Afternoon Move and Groove (YAS) 5:30 Monday Meals 6:30 Pitch Club	<b>3</b> 7:30 Walking with Leslie (YAS) 8:30 Chair Exercise TV (YAS) 11:00 Jam Session (LOU) 12:30 Shuffleboard Club 3:00 Custom Hearing: Free Hearing Clinic (YAS) 3:00 Show and Share (CAF) 6:30 Resident Movie Night (LOU)	<b>4</b> 7:30 Walking with Leslie (YAS) 8:30 Chair Exercise TV (YAS) 11:00 Mindfulness and Meditation (YAS) 2:00 Nickel Bingo 4:00 Sage Card Club (CAF)	<b>5</b> 7:30 Walking with Leslie (YAS) 8:30 Chair Exercise TV (YAS) 9:00 <b>Health at Home Foot/Nail Clinic (YAS)</b> 9:30 Morning Stretching (CAF) 11:00 Craft: Making Valentines 1:00 Crafts & Conversations 4:00 Jam Session (CAF)	<b>6</b> 7:30 Walking with Leslie (YAS) 11:00 <b>First Friday Jazz - Vocalist Camille Metoyer</b> 1:00 Dominoes, with Joaquin (CAF) 2:00 Afternoon Move and Groove (YAS) 6:30 Shuffleboard Club! 7:00 Sage Card Club (CAF)	<b>7</b> 3:00 S2age Bible Study (INS)	
<b>8</b> 4:00 Sage Card Club (CAF) 5:00 Super Bowl LX Pizza Party! (LOU) 6:30 Shuffleboard Club	<b>9</b> 7:30 Walking with Leslie (YAS) 8:30 Chair Exercise TV (YAS) 10:00 <b>Massage Therapy February 9th 10-2 (YAS)</b> 10:00 Monday Workout with April 3:00 Afternoon Move and Groove (YAS) 5:30 Monday Meals 6:30 Pitch Club	<b>10</b> 7:30 Walking with Leslie (YAS) 8:30 Chair Exercise TV (YAS) 11:00 Jam Session (LOU) 11:00 Valentine's Day Cookie Decorating 12:30 Shuffleboard Club 2:30 Sage Book Club (INS) 2:30 Sage Writers Group (INS) 6:30 Resident Movie Night (LOU)	<b>11</b> 7:30 Walking with Leslie (YAS) 8:30 Chair Exercise TV (YAS) 11:00 Mindfulness and Meditation (YAS) 2:00 Nickel Bingo 4:00 Sage Card Club (CAF) 4:00 Fitness Equipment Tutorial (FIT) 5:30 <b>Supper Club</b>	<b>12</b> 7:30 Walking with Leslie (YAS) 8:30 Chair Exercise TV (YAS) 9:30 Morning Stretching (CAF) 1:00 Crafts & Conversations 2:00 <b>Van Trip to WarHorse Casino</b> 4:00 Jam Session (CAF)	<b>13</b> 7:30 Walking with Leslie (YAS) 11:00 <b>Super Saver Run</b> 11:00 Valentine's Day Card Delivering 1:00 Dominoes, with Joaquin (CAF) 2:00 Speed Friending Event 6:30 Shuffleboard Club 7:00 Sage Card Club (CAF)	<b>14</b> 3:00 S2age Bible Study (INS)	

**Bold activity** = Sign up mandatory

CAF = Cafe, YAS = Yoga/Activities Studio, LOU = Lounge, INS = Innovation Studio, FIT = Fitness, LIB = Study/Library

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>15</b> 4:00 Sage Card Club (CAF) 6:30 Shuffleboard Club	<b>16</b> 7:30 Walking with Leslie (YAS) 8:30 Chair Exercise TV (YAS) 10:00 Monday Workout with April 2:00 Afternoon Move and Groove (YAS) 5:30 Monday Meals 6:30 Pitch Club	<b>17</b> 7:30 Walking with Leslie (YAS) 8:30 Chair Exercise TV (YAS) 11:00 Jam Session (LOU) 11:00 Cornhole Competition 12:30 Shuffleboard Club 6:30 Resident Movie Night (LOU)	<b>18</b> 7:30 Walking with Leslie (YAS) 8:30 Chair Exercise TV (YAS) 11:00 Mindfulness and Meditation (YAS) 2:00 Nickel Bingo 4:00 Sage Card Club (CAF) 6:30 Sage Writers Group (INS)	<b>19</b> 7:30 Walking with Leslie (YAS) 8:30 Chair Exercise TV (YAS) 9:30 Morning Stretching (CAF) 11:00 Sharing Our Pets 1:00 Crafts & Conversations 4:00 Jam Session (CAF) 7:00 Community Meeting	<b>20</b> 7:30 Walking with Leslie (YAS) 1:00 Dominoes, with Joaquin (CAF) 2:00 Afternoon Move and Groove (YAS) 6:30 Shuffleboard Club 7:00 Sage Card Club (CAF)	<b>21</b> 3:00 S2age Bible Study (INS)	
<b>22</b> 4:00 Sage Card Club (CAF) 6:30 Shuffleboard Club	<b>23</b> 7:30 Walking with Leslie (YAS) 8:30 Chair Exercise TV (YAS) 10:00 <b>Massage Therapy February 23; 10-2 (YAS)</b> 10:00 Monday Workout with April 2:00 Afternoon Move and Groove (YAS) 3:00 Margarita Monday 5:30 Monday Meals 6:30 Pitch Club	<b>24</b> 7:30 Walking with Leslie (YAS) 8:30 Chair Exercise TV (YAS) 11:00 Jam Session (LOU) 12:30 Shuffleboard Club 2:00 Tech Cafe (LIB) 6:00 Bunco Party!	<b>25</b> 7:30 Walking with Leslie (YAS) 8:30 Chair Exercise TV (YAS) 11:00 Mindfulness and Meditation (YAS) 2:00 Nickel Bingo 4:00 Sage Card Club (CAF) 6:30 Resident Movie Night (LOU)	<b>26</b> 7:30 Walking with Leslie (YAS) 8:30 Chair Exercise TV (YAS) 9:30 Morning Stretching (CAF) 11:00 Sage Salon Reading (INS) 1:00 Crafts & Conversations 2:00 Jason Padilla, Navigating Loss and Bereavement (INS) 4:00 Jam Session (CAF)	<b>27</b> 7:30 Walking with Leslie (YAS) 11:00 <b>Walmart Outing</b> 1:00 Dominoes, with Joaquin (CAF) 2:00 Afternoon Move and Groove (YAS) 6:30 Shuffleboard Club 7:00 Sage Card Club (CAF)	<b>28</b> 3:00 S2age Bible Study (INS) 5:00 <b>Community Dinner</b>	

Questions, concerns, compliments or suggestions? 😊

Please reach out:

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