

Personalized Home Health Care

COPD can be difficult and cause challenges for patients, families and caregivers; however, with the right treatment and care, it can be managed.

COPD is a life-limiting illness that affected nearly 74,000 Nebraskans in 2022, resulting in nearly 1,632 deaths statewide.* As an incurable disease, COPD is the 6th leading cause of death in the state of Nebraska**

As lung capabilities decline, activities of daily life (ADLs) become increasingly difficult for patients, and short excursions from the home become taxing. Even common upper respiratory infections exacerbate COPD symptoms, and can turn quickly into a life-threatening illness.

How Home Health Can Help

Home health is a vital option for your patients with COPD. By monitoring patients, and managing Triple Therapy from the comfort of home, your referral not only improves their quality of life, but ensures treatments are conducted per your recommendations.

Lorraine's Home Health Story

Diagnosed with COPD last year, Lorraine still struggled with feeling breathless after using her inhaler. Once she enrolled in home health, her nurse quickly realized that Lorraine—like 80% of others—was using her inhaler incorrectly, and subsequently not receiving the correct dosage of her medication. After her nurse taught her the proper technique, Lorraine was able to breathe more freely after using her inhaler.

*Source: CDC Behavioral Risk Factor Surveillance System, 2022

**Source: National Vital Statistics System, 2021



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