

Personalized Home Health Care

CHF is usually a lifelong cardiovascular condition that can't be cured, but symptoms can be controlled.

Cardiovascular disease remains the leading cause of death in Nebraska, with a mortality rate of 21.18% in 2023—indicating a significant prevalence of chronic heart failure in the state.*

With Eventide's congestive heart failure program, there is so much more we can do. Working together, your cardiac patients remain independent and both the quality and length of their lives are significantly improved.

Home Health Helps Improve Quality of Life By Improving These Symptoms:

- > Dyspnea at rest or during physical activities
- > Edema in legs, ankles, feet and/or abdomen (lymphedema specialist available)
- > Unnecessary ER visits and/or hospitalizations
- > Difficulty with activities of daily living
- > Fatigue

Carol's Home Health Story

After experiencing shortness of breath while working in her garden, struggling with fatigue and experiencing swelling in her legs, Carol was diagnosed with chronic heart failure.

With targeted therapy from home health care and by using breathing techniques her occupational therapist taught her, Carol strengthened her cardiac system and muscles to improve her endurance. Her home health team also provided education on diet, fluid intake, exercise and medication to reduce her edema, allowing Carol to return to doing the things she loves.

*Source: Data from the Nebraska Department of Health and Human Services Mortality Annual Report 2023-24

